

Purpose

Secondary Traumatic Stress

Policy Statement

The Board hereby establishes a district-wide workforce wellness committee with the following functions:

- Share secondary traumatic stress, stress management, and other mental health resources and supports available through the Office of the Superintendent of Public Instruction, the Educational Service District, and the School Employees' Benefits Board;
- Share links to a secondary traumatic stress self-assessment tool and any associated resources;
- Keep the Board apprised of committee activities.

The District will assess district-level and school building-level implementation of this policy. The assessment will include input from representatives of the District's workforce. The District will provide appropriate resources and when necessary training to schools and staff for continuous improvement.

Cross References: 3112 – Social Emotional Climate
5203 - Staff Assistance Program

Legal References: 28A.300 RCW
28A.400 RCW

Management
Resources: 2021 - June Issue

Adoption Date: **February 22, 2022**